

Exercise is Medicine Student Association (EIMSA) 2023-2024 Membership Form

Name _____ Classification: FR SO JR SR

Email _____

Phone _____ Major: KIN IP PH Other _____

Please indicate t-shirt size: __S __M __L __XL __2XL

Types of speakers you would like to hear talk at meetings?

Types of Activities or events that you would like to participate in?

Your career plans?

- Take this form and the \$20 dues to a EIMSA meeting to join

Leadership structure

Lauren Hartman- President EIMSO

Caitlyn Champagne- Vice-President EIMSO

Daniel Funk- Vice-President - Education

Sydney Robbins - Vice-President - Marketing

Hannah Schiel - Vice-President - Community and Belonging

Mia Kumke- Community Outreach Director

Ashley Kuntz- Secretary/Treasurer

What is EIMSA and why should I join?

The Exercise is Medicine Student Association (EIMSA) is the undergraduate student organization within the department of Kinesiology at Kansas State University. The purpose of the EIMSA organization is to provide undergraduate experiences beneficial to health majors and those interested in exercise promotion. EIMSA is the voice of the undergraduate students across campus with an interest in exercise and physical activity and will present speakers and opportunities for involvement, and service within the community for students. **The Kinesiology Department has final say within the organization**

Objectives – Objectives of EIMSA include

- The club will be founded upon three pillars: Education, Community, and Outreach.
- **Education:** provide students with opportunities to learn about health and exercise. related careers, “hot topics” within the Kinesiology field, and research opportunities
- **Community:** Foster a spirit of belonging among students in the department through socials, intramurals, and community building activities.
- **Outreach:** Promote physical activity in the department, University, and public through community service and involvement during national “Exercise is Medicine” month of October as well as throughout the academic year.

Dues – Dues to join the EIM will be \$20 per year. Students may join EIMSA at any time during the academic year, dues must be paid to be a member of EIMSA. Dues will be utilized to support activities of the organization as well as food and drink for member events.

Members in good standing require the accumulation of **50 or more points** during the academic year. Additionally, members are expected to participate in **at least 1 community service event** in promoting Exercise is Medicine.

Point system:

- Attending a monthly meeting (10 points)
- Attending a social event (10 points)
- Participating in intramurals (10 points)

Community Service:

- Helping with an EIM community service sponsored event

Meetings – The EIMSA club will meet monthly on the second Tuesday of the month. Special meetings may be called by any officer to address specific situations as necessary.

